

# NEWS Release



Waterford on Saddle Drive

A Touchmark® community  
Touchmark—celebrating 25 years

## **FOR IMMEDIATE RELEASE**

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### **LOCAL AUTHOR SHARES AMERICAN INDIAN CULTURE AND SUPPORTS TOUCHMARK FOUNDATION**

HELENA, Mont. — Ride into the past and learn about the rich American Indian culture with local author and speaker Karyn Follis Cheatham on Wednesday, Sept. 6 at 2 p.m. Cheatham will read from a selection of her writing and share about life before the age of the modern horse.

Waterford invites the public to the presentation, which will be held at Waterford on Saddle Drive, 915 Saddle Drive. There is no charge, and people can call Life Enrichment/Wellness Director Susan Hill at (406) 449-4900 for more information.

“Karyn exudes a real passion for the American Indian culture and history,” says Hill. “She is a gold mine of information and has written superb books.”

Cheatham has written “Spotted Flower and the Ponokomita,” “Dennis Banks: Native American Activist,” “KANSAS DREAMER: Fury in Sumner County” and more. People can purchase Cheatham’s books at the event with 15 percent of the proceeds going to support the Touchmark Foundation, a not-for-profit public charity formed by Waterford’s parent company, Touchmark.

The Foundation focuses on increasing the number of health care professionals, especially in geriatrics, and providing assistance to older adults. The Foundation provides scholarships to those entering the health care field; recently two Helena High School graduates received Foundation scholarships. Nicole Kresge was raised in Helena and is enrolled at University of Mary. Kirsten Virag is studying nursing at Carroll College.

Additional information about the Touchmark Foundation is available by contacting Executive Director Janet Plummer at 800-796-8744 or through the Web site: [TouchmarkFoundation.org](http://TouchmarkFoundation.org).

Waterford offers resort-style retirement and is home to more than 155 people. A wide range of single-level homes, apartments and living options is available.

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