

Volunteers bring books to residents

Books fill every shelf of the Waterford library, offering people a varied reading selection. Each month, people donate approximately 150 books to the ever-growing collection.

Resident Lois Eveland manages the flow of incoming books and incorporates them into the library. She checks that there are no duplicates, catalogs the donated books, and keeps the library up to date.

“I have a personal quest of pairing people and books through the Talking Book program,” says Lois. “Having sight problems can be a lonely thing, but there is beauty in books. A talking book can brighten someone’s day.”

Resident Mary Beneventi, who is legally blind, also helps connect people to books. She introduces residents to the Waterford library, and for those who are interested in talking books, she connects them to the Montana Association for the Blind, which help people get books from the Montana Talking

Book Library.

“Lois and Mary’s contributions have helped foster interest in Montana Talking Books,” says Life Enrichment/Wellness Director Marguerite Rylander. “For example, an additional six people recently starting using the Talking Books program.”

If you’d like to learn more about Waterford’s library or volunteering opportunities, talk with Marguerite. ■



Volunteer Lois Eveland maintains the library at Waterford.

Changing lives—affecting communities



Marge Coalman, EdD
Vice President of
Wellness & Programs,
Touchmark

There is general consensus from researchers that older adults who

consistently participate in activities with youth have very little awareness of the major contributions they are making to the culture of communities. That one-hour-per-week commitment helping an underachieving reader; teaching a child to knit or crochet; making and baking cookies, or tutoring the struggling math student may seem like a small contribution in light of the many hours spent on other

endeavors. But in the aggregate, the impact is enormous

The intergenerational programs at Waterford encourage skill building, shared interests, adventure, and friendships. An obvious benefit is the relationships established among the residents and youth. Less obvious but nonetheless beneficial outcomes of intergenerational programming have been studied around the world by the (cont.)

(cont.) Center for Intergenerational Learning at Temple University. They include improvements in:

- Academic achievement, school behavior, and life skills of middle-school youth;
- Reading skills of young children;
- Attitudes of high school and college students toward community service and the elderly;
- Parenting skills;
- Caregiver stress;
- Well-being of older adults.

“The following principles have been put forward regarding the civic engagement movement in the second half of life: opportunities should reflect choice, not coercion; meaningful engagement, not exploitation; opportunity, not obligation; and the intergenerational benefit.”

—Patrick Cullinane, MS

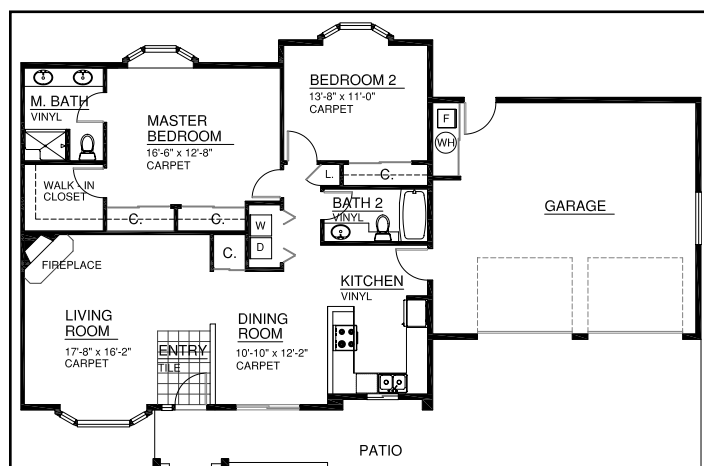
If you're interested in sharing your talents and changing a young person's life while making a genuine difference in communities, contact Waterford Life Enrichment/Wellness Director Marguerite Rylander. You'll find opportunities both on our campus and in the broader community. Program offerings include one-to-one, small groups, and large sessions with children and youth of all ages. ■

A lifestyle with heart

For more than 30 years, the country has celebrated National Volunteer Week in April. For residents, staff, and friends of Waterford, volunteerism is celebrated throughout the year.

Waterford on Saddle Drive welcomes volunteers and provides opportunities for people to assist with programs and services, such as resident committees, musical entertainment, social events, and more. People use their unique skills and rich backgrounds to help create a vibrant community.

Read the story on page one to learn how two Waterford volunteers are making a difference. Call today to learn more about Waterford's active lifestyle and spacious homes. ■



Enjoy living in this comfortable, 1,345-square-foot home. Located at 913 Saddle Drive, this home offers two bedrooms and two bathrooms.



Located in the main building, apartment 304 offers 956 square feet, two bedrooms, and two bathrooms. The apartment features a lovely view of the Big Belt Mountains.

Coming Events

Wednesday, April 16, 2 pm
Nevada City, presented by Ellen Baumler of the Montana Historical Society. Forum.

Thursday, April 17, 6:30 pm
April birthday night with entertainment by Gary Blom. Forum.

Wednesday, April 30, noon
Men's Pizza and Beer. Forum.

Waterford supports local children's home



Residents prepared Easter baskets for Intermountain children's home. The baskets included stuffed animals, candy, and handcrafted items, including some bird houses. From left: Marjorie Nichols, Cookie DeOreo, Inez Cummings, and Dorothy Williams pose with the baskets before delivering the gifts.

Recent events



Virginia Peterson and Harry Buchanan plant pansies on the first day of spring.



Jodi Mattson sings for people at the St. Patrick's Day Party. She also played some entertaining piano tunes. Jodi's mother, Mary Mattson, recently joined the Waterford community.



Residents Inez Cummings (far left) and Cookie DeOreo (far right) pose with Intermountain staff members (from left) Raymund Sebestjen, Denni Byrd, and Jill Feller.